

Understanding Time Soup

documentation of every day from February 3rd, to April 3rd, 2021

by Sarah

Lennon

thank you

Naruto

Will

Spencer

Shazeem

Nate

Pitzman's Mustard

Danielle&Alex&Esther

John&Seth&Bojak

Lyzzi&Eion

Becky

Sean

Sum 41

Brittany&Artzbeat&Karissa&Rachel&Mab&Paige

Icky&Licky&Sticky

Blacula&theStepBrothers

My Fellow Long Suffering Roburritos Employees

Mary&Mom&Dad

AJTBFK

The Creator of the Tiny Plastic Sword

Caitlyn Bishop

David Spolum

Bill

Rick Elliot

Gene Shaw my epic landlord and mentor

Bubbles and Buttercup Hamster Darlings

Rocky&Anyia and the Freaks Upstairs

and especially to my darling Kevin (kissy)

I've always been a little bit bonkers in my artistic practice. I'm interested in large, experimental, and complex bodies of work. Sometimes it's necessary to overload yourself with work in order to hone your focus and tap into a deeper, automatic or unconscious place inside yourself where new, genuine imagery can develop. The contrasting relationship between embracing stress in the moment to create impactful and interesting imagery, in comparison to creating imagery pulled from past stressors (and traumas) that have already been experienced is something I'm exploring and investigating in my body of work.

In order to combine these two styles of thinking, I've created two separate bodies of work that relate to each other. The body of work that deals with stress felt in the moment is a fifty five piece mixed media print series that documents every single day that I experienced from February third to April third. This process is heavily reliant on proper note taking and documentation of what actually happened on each specific day. The unplanned, process oriented aspect of this series draws connections to Surrealist games and techniques, such as the exquisite corpse exercise and automatic writing or drawing. I've been researching such methods in order to gain a deeper understanding of the Surrealist process.

The sister body of work to this first series is a small series of large oil paintings. These three paintings share a narrative timeline. This narrative is exclusively based on past trauma that I have already experienced, and is meant to illustrate the mundanity and escapism that go hand in hand with living with trauma. There is an inherent connection to Surrealism in these paintings through their dreamlike interpretation of the subject matter and very loose connection to reality.

By engaging in these projects, it is my goal to connect my angsty inner interpretation of my trauma with a catalog of days that represent how I actually felt that day. This is an effort to untangle the "brain soup" that the recollection of my day inevitably becomes without fail. The combination of serious and silly imagery with these works is comforting and necessary in order to represent the highs and lows of my lived experience. This project follows the long-running themes of re-understanding identity through body and self-portraiture, representing trauma through narrative and collaging text and imagery to depict the concept of "brain soup" in my work as a whole.



drawing, acrylic paint, permanent marker, glitter, NFS, 2021.



“Taking the Computer Guy and My Idea of his Family to the Step Brothers’ Rocky Horror Extravaganza (2/4 & 2/5)”, multimedia drawing, oil paint monotype, collaged figures, sold, 2021.

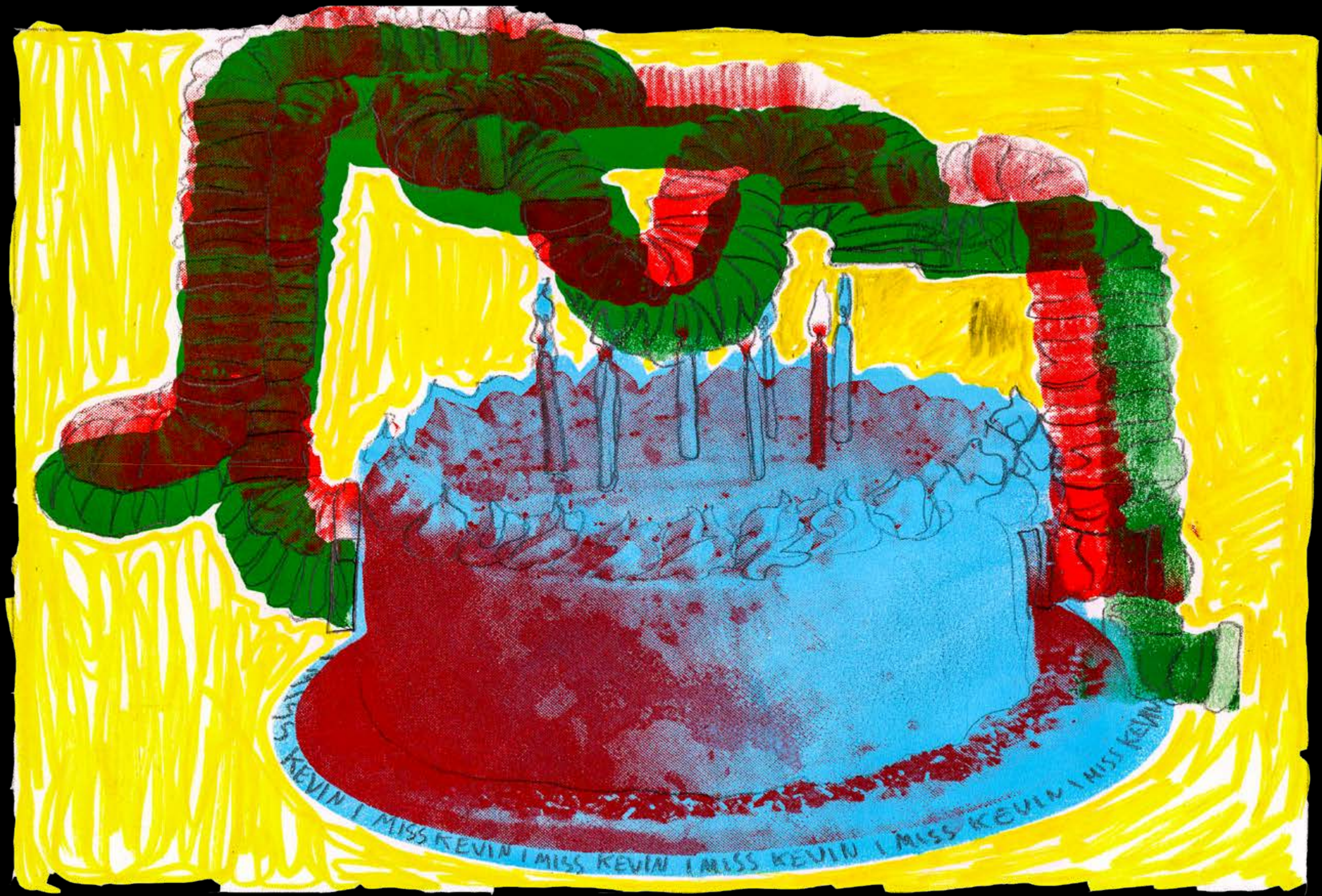
WILL WHAT ARE YOU DOING
ON THAT STEAK BURRITO



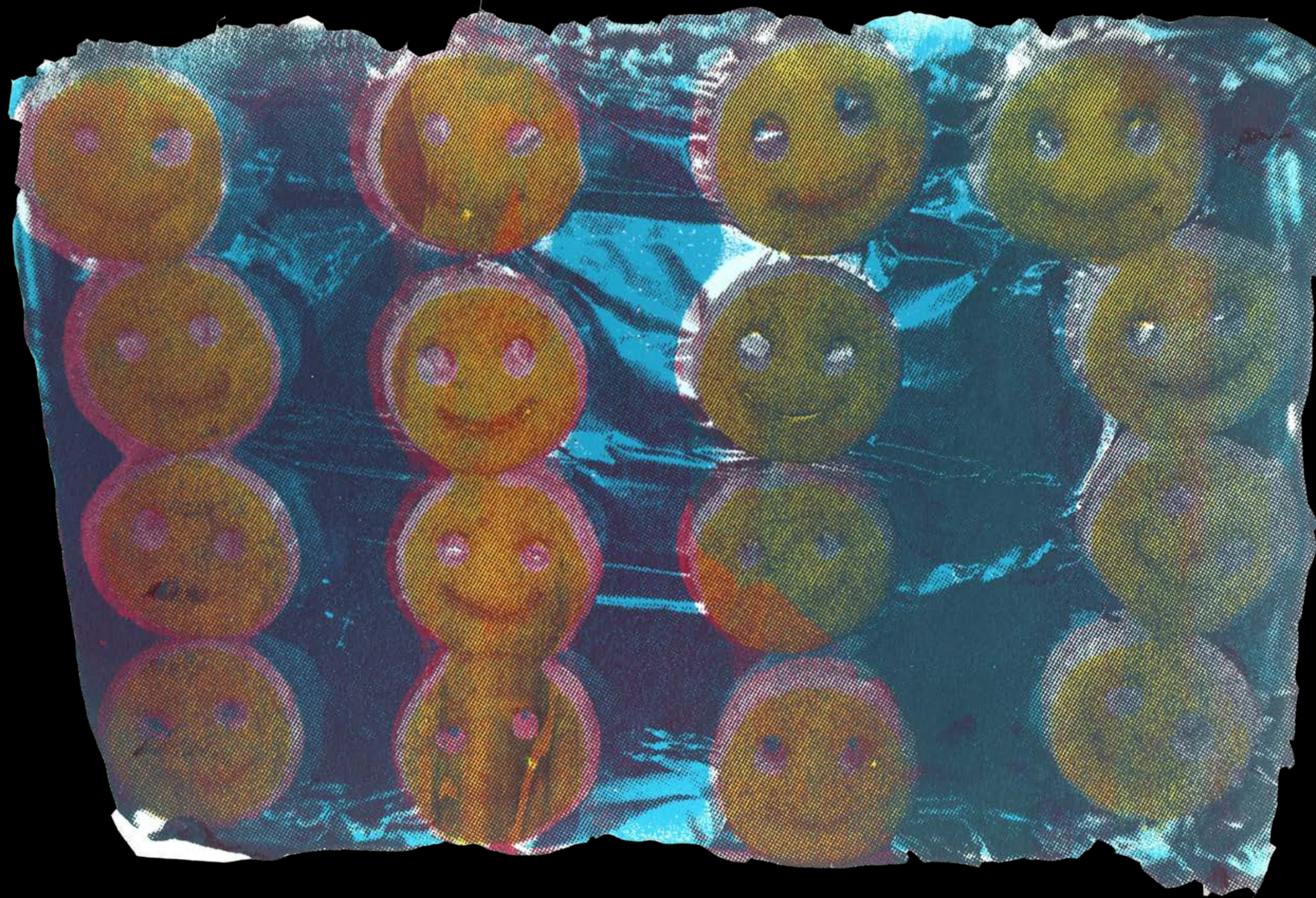
“Of Course I Knew That, See You at Home (2/6)”, multimedia drawing, screen print, nitrile glove, NFS, 2021.



“Girl Run! It's Blacula! (Superbowl Sunday) (2/7)”, screen print, graphite, tiny plastic swords, picture of Blacula, NFS, 2021.



“It’s Kevin’s Birthday and I Miss Him/Hamster Labyrinth (2/8)”, screen print, permanent marker, glitter, \$45, 2021.



"Sandwich Nirvana (2/9)", screen print, edition of 10, \$35,
2021.



"It Was a Three Dog Night Last Night (2/10)", screen print,
graphite, NFS, 2021.



“I Found Three Redbull Cans/I’m Sorry I Forgot (2/11)”,
multimedia collage diptych, NFS, 2021.



"My Boyfriend's Tiny Box of Sarahs (2/12)", multimedia drawing, digital collage, NFS, 2021.



“Eating Love in Bed with a Knife (2/13)”, multimedia drawing, digital collage, NFS, 2021.



“FREAKS (2/14)”, multimedia drawing, acrylic paint,
permanent marker, glitter, NFS, 2021.



“My Boyfriend’s Panini Press Turned my Angst into a Flavor Party (2/15)”, multimedia drawing, digital collage, embroidery, NFS, 2021.



“Stranger than Fiction (2/16)”, multimedia drawing, digital collage, \$45, 2021.



“Kevin Get Back in the Shower I Miss You (2/17)”,
multimedia drawing, digital collage, NFS, 2021.



"Indescribable Weariness and Loneliness (2/18)", multimedia collage, acrylic paint, NFS, 2021.



“Narrowly Escaping the Fryer/Birthday Goblins (2/19)”,
multimedia diptych, photographs NFS, 2021.



“Good Luck Escaping the Warden of Bird Hell (2/20)”,
multimedia drawing, photograph, collaged image of a
Shoebill Stork, NFS, 2021.



“Me and Biyomon Pulling up to Naruto’s Swing set with Miller Lite and Macarons (Interrupted by the Hypothetical Birthday Cakes Suit) 2/21)”, multimedia drawing, collagraph plate, NFS, 2021.



1/1

2-22

SARAH
LENNON

“It Was Supposed to Be My Lucky Day (2/22)”, multimedia drawing, NFS, 2021.



HIGHEST HIGH

GETTING THE HAIR TIE UNSTUCK FROM
THE SHOWER HANDLE THAT'S BEEN
STUCK THERE FOR LITERAL MONTHS



LOWEST LOW

TAPING ANOTHER CUP TO ANOTHER LEAK
IN MY CEILING.

“Donkey Kong was Supposed to Protect Me (2/23)”,
photograph, digital collage, acrylic paint, permanent marker,
NFS, 2021.



“I Counted Five Crows/We Threw Paper Planes in the Street
(2/24)”, linocut, \$35, 2021.



“Holy Mountain Lizards Seek Refuge from Sulking Sarah (2/25)”, digital print, acrylic paint, permanent marker, \$35, 2021.



“Boop Cam (2/26)”, linocut edition of 3, \$35, 2021.



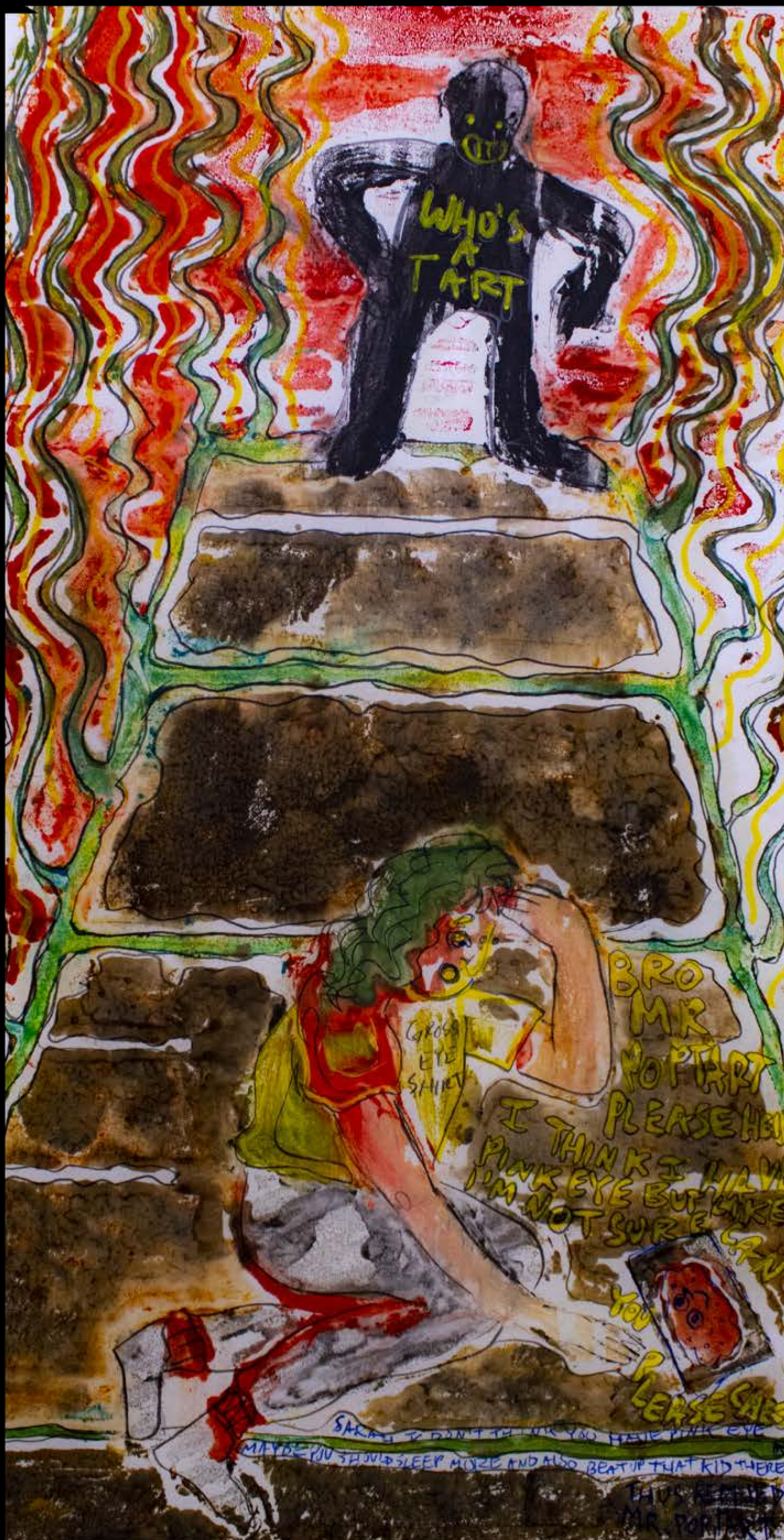
“Sulking Sarah Mourning her Fuzzy Teeth (2/27)”, MDF
teeth, acrylic paint, nylon flocking, permanent marker, 6
teeth, \$35 a tooth, 2021.



“Pussy Burn (2/28)”, photograph, NFS, 2021.



“Full Moon in Pisces Watching me Daydream about
a Canopy Bed with my Lover (3/1)”, collagraph print,
permanent marker, \$35, 2021.



“Asking the Pop Tart on the Ground if he Thinks I have Pink Eye (3/2)”, multimedia drawing, collagraph print, \$45, 2021.



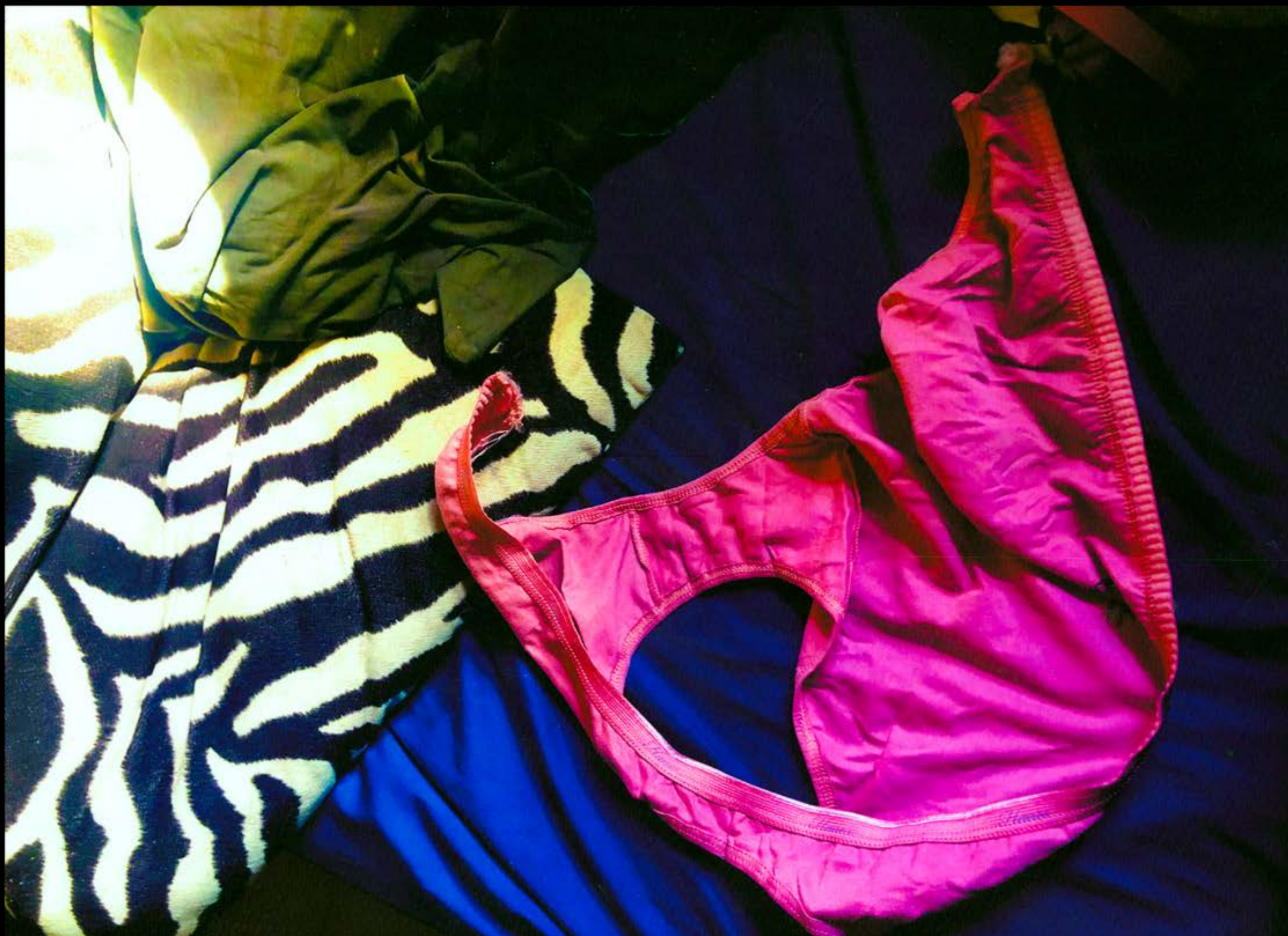
“Study of a Gesture for “Twin Purification” based on *Naruto Shippuden* (3/3)”, pen and oil pastel drawing, NFS, 2021.



“Thank You for The Advice Smiley Fries (3/4)”, screen print, graphite, \$45, 2021.



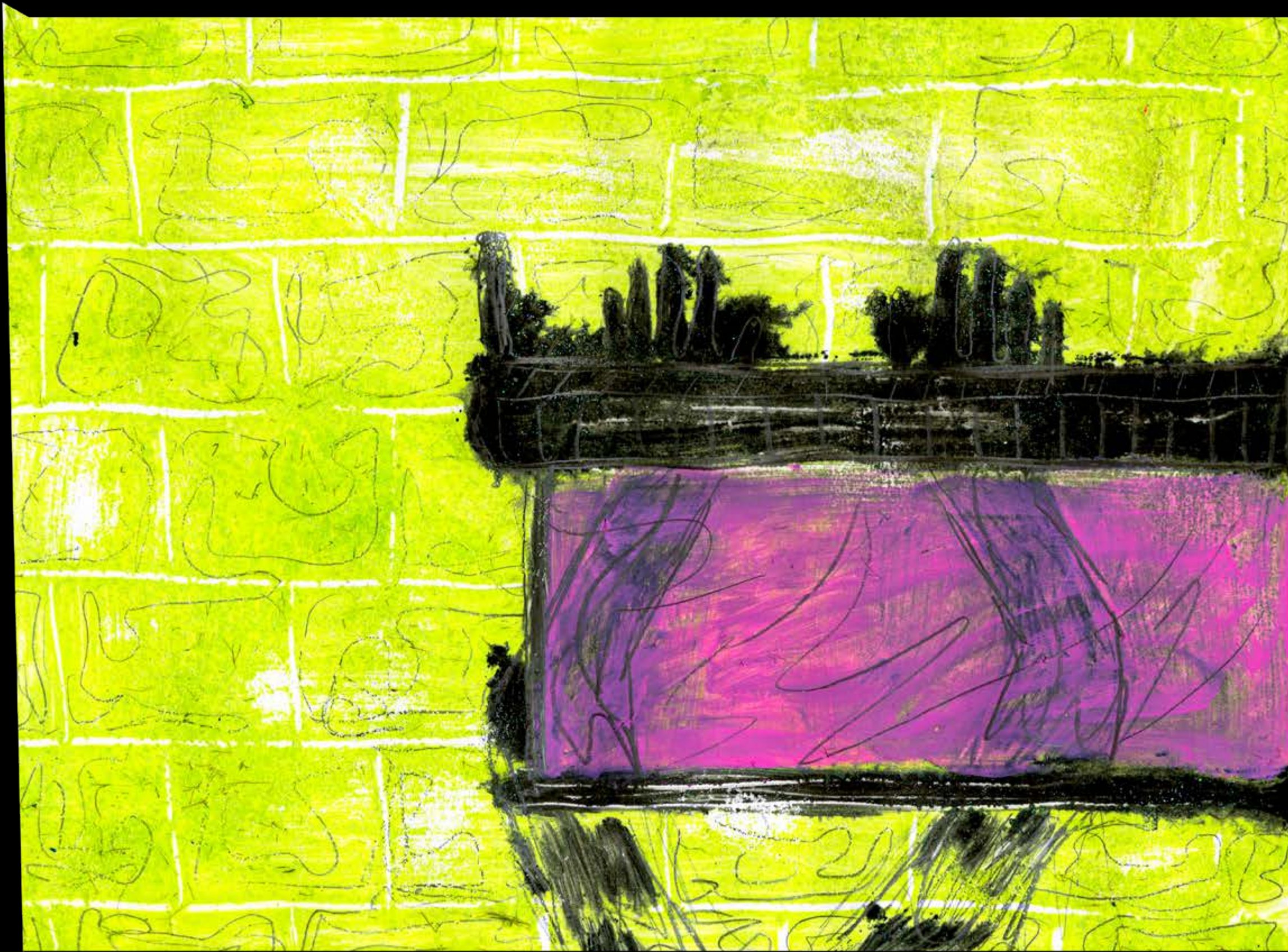
“Please Stop Throwing Chairs at Us (3/5)”, screen print,
Wedition of 3, \$45, 2021.



“I Ripped a Brand New Pair of Underwear First Thing in the Morning (3/6)”, photograph, NFS, 2021.



"Sat in the Dark and Cried and Cried (3/7)", screen print,
edition of 10, \$55, 2021.



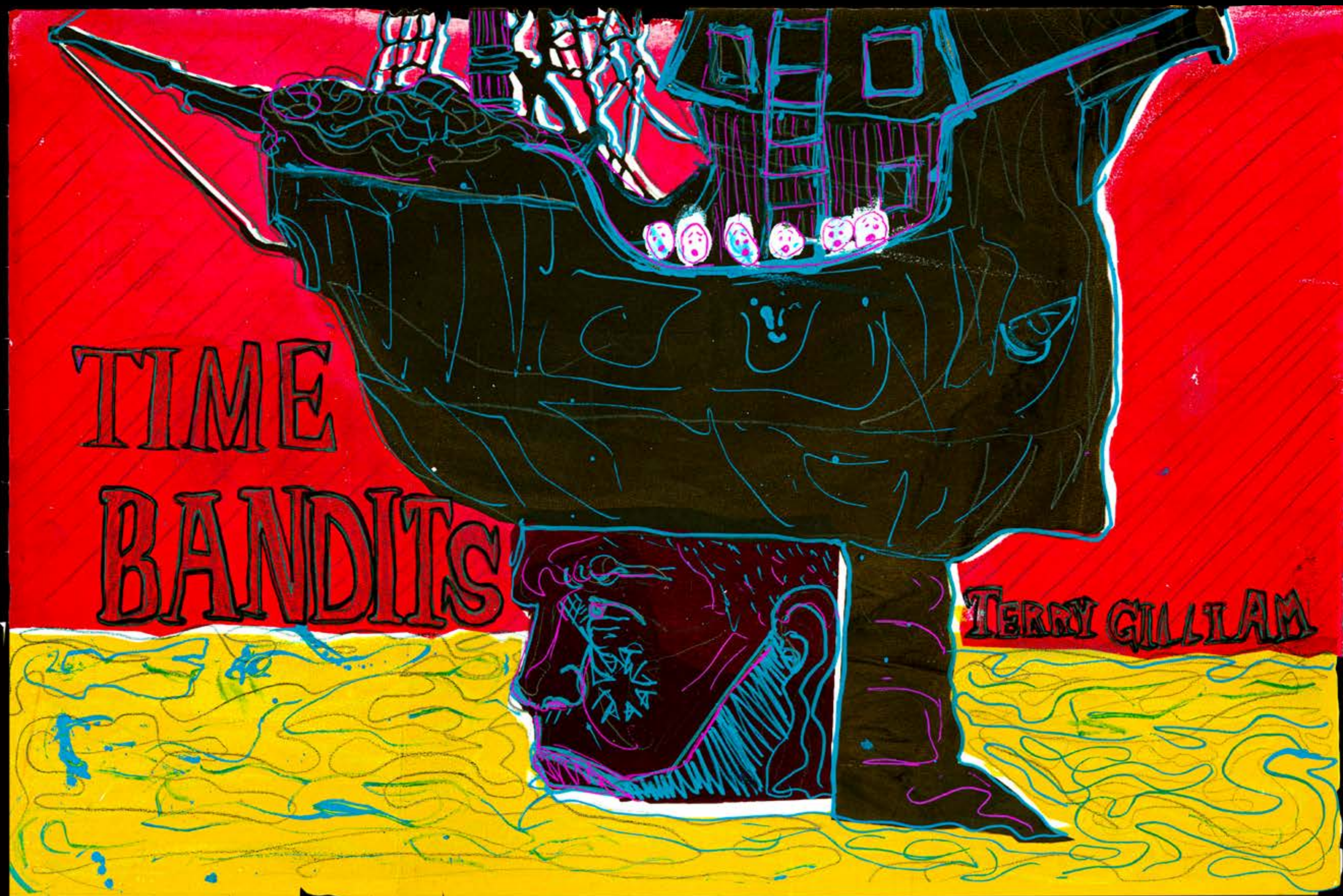
“The Morning Light Lined up Perfectly to Give These Painted Hands Shadow Arms (3/8)”, oil paint monotype, acrylic paint, permanent marker, glitter, NFS, 2021.



“First In Person In Progress Critique in a Year (3/9)”, linocut
print, edition of 3, \$25, 2021.



“The Sarahs from 3/10 & 3/15 Sexy and Miserable on Top of Depression Mountain”, screen print, mandarin peel, condom, receipt \$55, 2021.



"Time Bandits (3/11)", multimedia drawing, screen print,
NFS, 2021.



“brain stew” (3/12 & 3/13) collage with hair dye, a small Wplastic sword, duct tape, sharpie, loose leaf, receipt paper and produce packing labe, NFS, 2021.



“Sightseeing (3/14)”, multimedia drawing, acrylic paint, oil paint monotype, NFS, 2021.



“Keep Your Bat Fingers Crossed Until Tomorrow! (3/16)”,
screenprint, graphite, \$35, 2021.



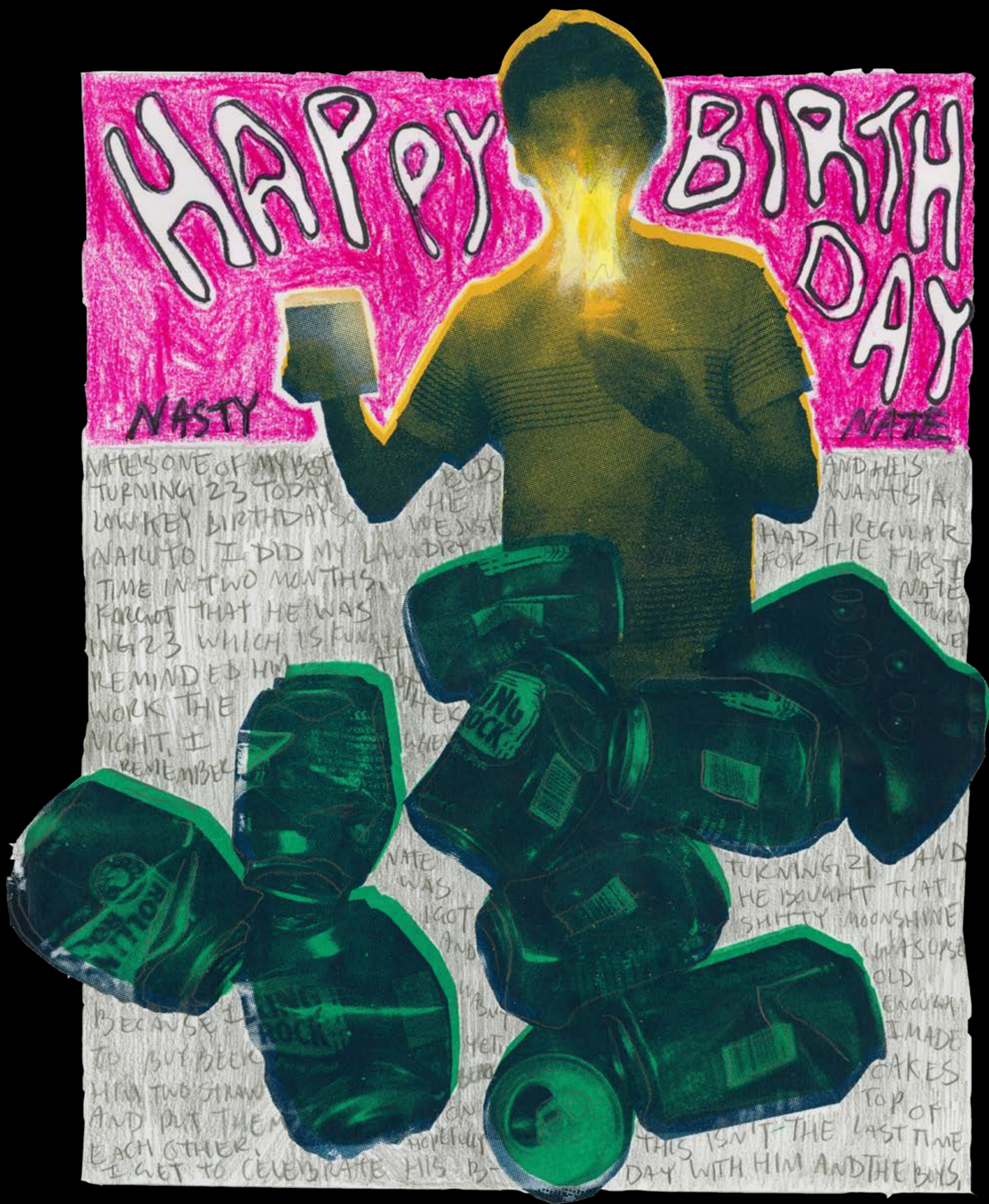
“Trapped Under the Dick Sink’s Genjutsu (3/18)”, relief print,
edition of 3, \$25, 2021.



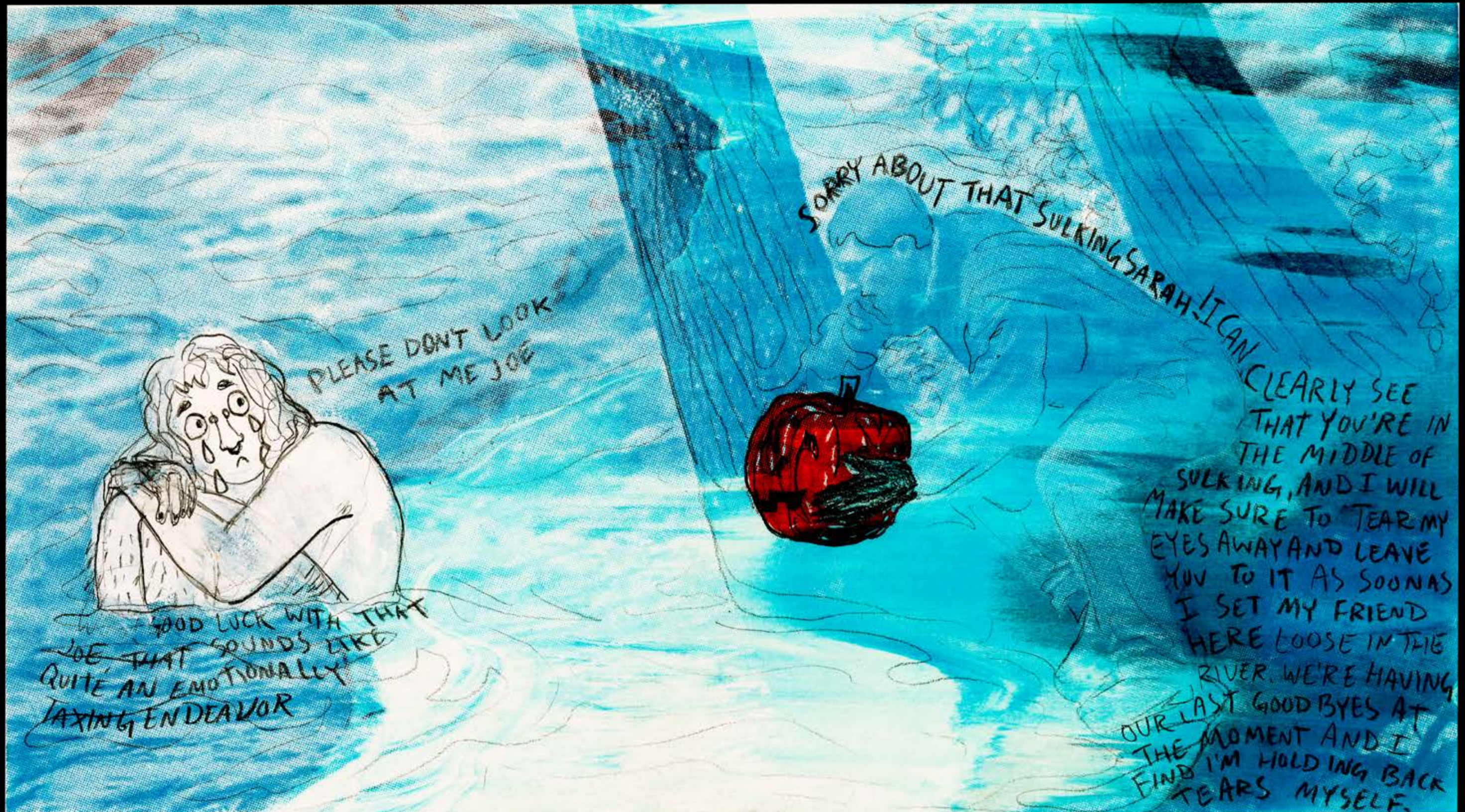
“Two Tender Moments From A Documentary on Crows (3/19)”, oil paint monotype, multimedia drawing, \$45, 2021.



“YEAH BITCH! (3/20) With the Worm-Related Injury of (3/17)”, multimedia drawing, oilpaint monotype, NFS, 2021.



“Nate Forgot he Turned 23 (3/21)”, screen print, crayon, graphite, permanent marker, edition of 2, \$35, 2021.



“The Joe Pera from 3/22 and the Pumpkin with 1/16th of his soul Encountering Sulking Sarah from 3/23” screenprint, graphite, permanent marker, 2021.



“Still Learning How to Hold Hands with the Worst Day of my Life (3/24)”, acrylic and oil paint, graphite, \$250, 2021.



“They Don’t Call me Spill-Rah for Nothing (3/25)”, oil paint monotype, multimedia drawing, glitter, \$35, 2021.



“Happy Birthday Shazeem/Seth’s Secret Hieroglyphs (3/26)”, collage,
broken dish, permanent marker, glitter, NFS, 2021.



“I Worked a 12 Hour Shift (3/27)”, photograph, \$85, 2021.



“Fence Full of Bicycles and the Healing Rain (3/28)”, multi-media drawing, oil paint monotype, NFS, 2021.

I FEEL LIKE I'M AT A
BREAKING POINT IN MY
THESIS I CAN'T FINISH IT
ALL AND I'M SO BURNT OUT
AND EMPTY, BUT I ALSO
DROPPED 3 COINS FROM
MY POCKET AND ONE ROLLED
KINDA FAR SO I WAS GOING
TO LEAVE IT, BUT IT WAS
CLANGING ON THE FLOOR
SO I REALISED IT
WAS CALLING FOR HELP
SO I GAVE IT A BIG FAT
SMOOCH AND PUT IT IN
MY POCKET WITH ITS BUDS

“Breaking Point/Coin Smoocher (3/29)”, oilpaint monotype,
collaged coins (\$.23), \$25, 2021.



“Plethora of Pigs in the Pool (3/30)”, multimedia drawing, oil paint monotype, party pig collage, \$65, 2021.

I FEEL PRETTY GOOD TODAY, MAYBE NOT FOR THE FIRST TIME IN FOREVER.
BUT IT FEELS LIKE I'VE BEEN MISERABLE EVERY DAY FOR
A WHILE NOW. SETH GOT TO 69,420 ON THE MASTER OF A
MILLION THAT NATE GAVE HIM TWO YEARS AGO.
EXTREME MAKEOVER HOME EDITION
AWFUL BACK AND SHOULDER PAIN WHEN
I WAKE UP, I MET BEAU NUGGET
AGAIN FOR THE FIRST TIME IN A YEAR.
THAT WAS WHEN I RAN AND RAN TOWARD
THE STAIRS OF LANCASTER AT 4 AM.



“Nice (69,420) (3/31)”, multimedia drawing, \$25, 2021.



“Me and Spencer as Heterosexuals (post vaccination) Watching Joe Pera Kiss in the Tomato Sauce (4/1)”, oil paint monotype, multimedia drawing, heterosexual collage, \$45, 2021.



"I Ate my Burrito and Cried and Cried (4/3)", multimedia drawing, acrylic paint, permanent marker, glitter, NFS, 2021.