





Work by Jessalyn Sabulsky '27, Illustration.

Upcoming Events

Jan. 9 Virtual Spring Preview for all students, 7-8 pm (see below)

Jan. 10 Spring Orientation

Jan. 11-12 Move-In to PCA&D Housing

Jan. 13 First Day of Spring semester

Jan. 14 Student Council meeting, 11:30 am, Hayden Gallery (see below)

Jan. 13 Pizza with the President, 11:30 am to 12:30 pm, CoLab

Jan. 13 through March 1 Faculty Biennial, Main Gallery

Jan. 17 Welcome Back & Club Fair, Atrium, 3:30-4:30 pm

If you have news, an event, or an announcement you'd like to share, please email Jen Kopf, at jkopf@pcad.edu.

Virtual Spring Preview open to all students

Ready to get back to school and rejoin the PCA&D community? Join us on Thursday, Jan. 9, for Spring Preview 2025! **Spring Preview is for all returning students and will be a virtual event from 7-8 pm -- the link is below.** Join us to learn about Academic and Studio support, Career Services, and get advice from our student and alumni panel on how to best prepare to make the most of the semester ahead.

Spring Preview 2025 JOIN HERE

Student Council: New meeting day set

Get ready for a new semester and a new day for Student Council meetings! Everyone is welcome to join Student Council for lunch during its new meeting day: TUESDAYS, from 11:30 am to 12:30 pm, in the Hayden Gallery next to the Atrium!

Counseling with Uwill available over break

Feeling a little extra stressed, or interested in finding a way to bring some professional counseling into your life? PCA&D provides students FREE access to 24-7 counseling through Uwill for a wide variety of topics, from short- and long-term support, to crisis counseling, telehealth for common acute symptoms, and on-demand wellness programming like meditation, mindfulness, nutrition, and yoga. **Again, it's free, and you have access to it year-round, even during school vacations.**

To schedule teletherapy appointments:

- <u>Create a profile</u> with Uwill
- Choose a therapist based on your preferences including *availability, issue, gender, language, and ethnicity.*
- Choose a time that fits your schedule with day, night, and weekend availability.

If you need any assistance, you can refer to <u>Uwill FAQ</u>, Student <u>User Guide</u>, or reach out directly to **Uwill at <u>support@uwill.com</u>**. More questions? Contact Student Services, at <u>studentlife@pcad.edu</u>.



Join the new president for pizza!

Be part of the PCA&D community <u>welcoming our new president</u>, **Dr. Andrew Barnes**, with a Pizza Party on the first day of the Spring semester, Monday, Jan. 13. See you in the CoLab over the lunch hour for conversation and some slices!

Monologues of Being Seen questionnaire

Did you participate in the Main Gallery exhibition *Monologues of Being Seen*? Were you scanned, photographed, and part of the show? Please take a moment to answer the questionnaire linked below for the artists!

'MONOLOGUES' QUESTIONNAIRE





Looking for a student club? Check list here

Want to get involved with student clubs? **Check out <u>this year's roster of clubs</u>** and get in touch with club members!

Your web resource: The Student Portal

The College's Student Portal webpage provides links to some of the most-needed information. You can find <u>this link to the Student Portal</u> at the very bottom right corner of the homepage at <u>PCAD.edu</u>.

There, you'll find official College dates, such as holidays; class times; research links; links to academic support and counseling help; and much more.



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