



Pennsylvania College  
of Art & Design



Work by Rachael Lauterborn '26, Fine Art

## Upcoming Events

**Nov. 12** Illustration Artist Talk, **Chris Gash**, 1-2 pm, Atrium (*see below*)

**Nov. 17** *Creativity Is...* art pickup and celebration, 1-3 pm, PCA&D (*see below*)

**Nov. 18-22** Stress Relief Week (*see full schedule and signups below*)

**Nov. 19** Friendsgiving, 11:30 am to 1 pm, The LookOut

**Through Dec. 13** *Monologues of Being Seen* in Main Gallery (*see below*)

**If you have news, an event, or an announcement you'd like to share, please email Jen Kopf, at [jkopf@pcad.edu](mailto:jkopf@pcad.edu).**

# Artist Talk: Illustrator Chris Gash, Tuesday

Illustrator **Chris Gash** visits PCA&D for an Artist Talk this Tuesday, Nov. 12, at 1 pm in the Atrium. A conceptual illustrator working for editorial, book, corporate, and advertising clients, his work has been recognized by the Society of Illustrators, Communication Arts, American Illustration, 3x3, Creative Quarterly, and SILA. Gash's work also has been included in the New York Times' Best of Illustration 2014 and 2019. He is a founding faculty member of the Illustration and Animation program at Montclair State University, and he joined the University of the Arts faculty as Visiting Associate Professor in 2023. Learn more about the artist [here](#).

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## Massages, yoga, Friendsgiving, doggies, and more! Stress Relief Week is almost here!

Don't fret; Stress Relief Week is near! Nov. 18 - 22:

### **Monday, Nov. 18**

*Yoga with Black Cat Yoga*

Location: Atrium

Time: 11:30 am to 12:30 pm

Description: Sign up for yoga here! NO limit on attendance and NO cost. Limited mats available so please bring your own if you have one! [Sign Up Here!](#)

### **Tuesday, Nov. 19**

*Friendsgiving*

Location: LookOut, 4th floor

Time: 11:30 am to 1 pm

Description: Join us for our annual Friendsgiving meal for the PCA&D community!

### **Wednesday, Nov. 20**

*Tai Chi with Black Cat Yoga*

Location: Atrium

Time: 11:30 am to 12:30 pm

Description: Come enjoy some zen & energy flow with this short Tai Chi session with Jenny from Black Cat Yoga. [Sign Up Here!](#)

### **Thursday, Nov. 21**

*Self-Care Packages & Massages*

Location: Atrium

Time: 11 am to 2 pm

Description: We'll have two professional massage therapists available to give 10-minute massages. You'll sign up in advance here so they're first come, first serve! We'll also have supplies available for a make-your-own care package. [Sign Up Here!](#)

*Coffee Cart & Sweets*

Location: Around all the studio classrooms and designated studio spaces!

Time: 7-8 pm \* or until pastries and coffee run out!

Description: Student Affairs will bring around a cart with coffee, hot cocoa, pastries, and granola bars to support your late-night studio sessions!

### **Friday, Nov. 22**

#### *Puppies & Pizza*

Location: Atrium for puppies & CoLab for pizza!

Time: 11 am to 1 pm

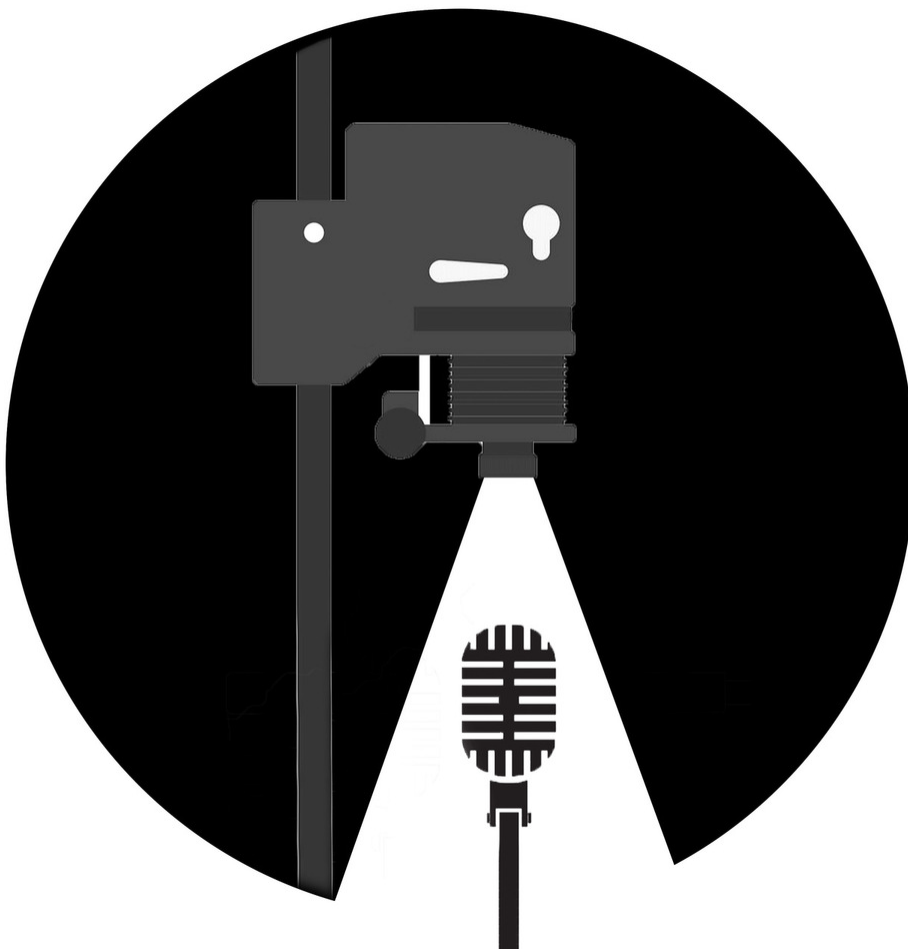
Description: Volunteers are bringing in their pups for support! There will be two groups of dogs in the atrium and pizza available upstairs in the CoLab to keep food separate from the doggos.

#### *Rant Night & a movie with The Flock*

Location: Atrium

Time: 4-8 pm

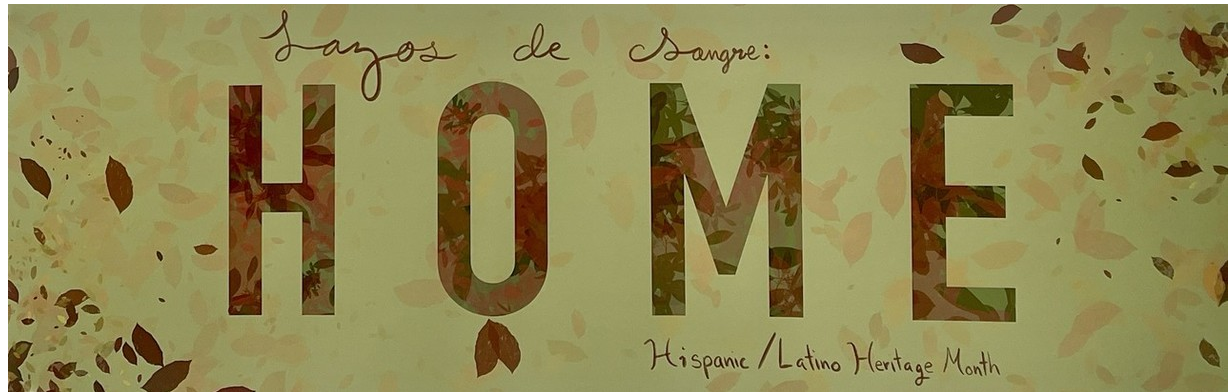
Description: The Flock is hosting a rant night starting at 4 pm followed by a movie night starting around 6 pm in the Atrium! Snacks and good vibes abound.



New *Into the Darkroom* episode: Filmmakers  
Andrew Bilindabagabo and Seth Gerlock

**Andrew Bilindabagabo**, along with his wife, **Carley Bilindabagobo**, owns Lancaster City-based Ingoma Films. The couple went from college sweethearts to business owners. They have built their company from the ground up as a team. Their film *I Think I'm Sick* will screen at the welcome party of this year's Red Rose Film Festival! In this episode, we get to hear from Andrew and his employee, **Seth Gerlock**, as they describe what it's like to be a filmmaker! Tune in at the link below to join hosts **Rylee Hohney '26** and **Sam Yesko '26** for *Into the Darkroom*, the Photography & Video Department's podcast.

## INTO THE DARKROOM



## *Lazos de Sangre: Home* now in CORE Gallery

The Mezzanine-level student-led CORE Gallery now features *Lazos de Sangre: Home*, a celebration of Hispanic/Latino Heritage Month organized by Mi Gente at PCA&D. In a statement by **Yadiel De Jesus**, Mi Gente Club president, DeJesus ('27, AGA) writes that the show's theme translates "To Bloodlines or Blood ties, which is interpreted in many different ways in this exhibition. Some see it as their family members, alive and/or ancestors long before, others see it as their ties to the environment or homeland, and some took it to mean their culture. Whatever way you interpret *Lazos de Sangre*, here you will find the artworks of people who create their own interpretations on what it means to them, and how this may connect to their idea of Home."

*Lazos de Sangre: Home* features the work of:

**Yadiel De Jesus '27, AGA; Onix Guadalupe-Rivera '25, Illustration; Lianna Martinez '28, AGA; Laura Perez '28, Fine Art; Valeria Perez-Sanchez '27, Illustration; Shay Thomas '26, Graphic Design; Anthony Torres-Rutherford '27, Fine Art; Isabella Vera '27, Illustration.**

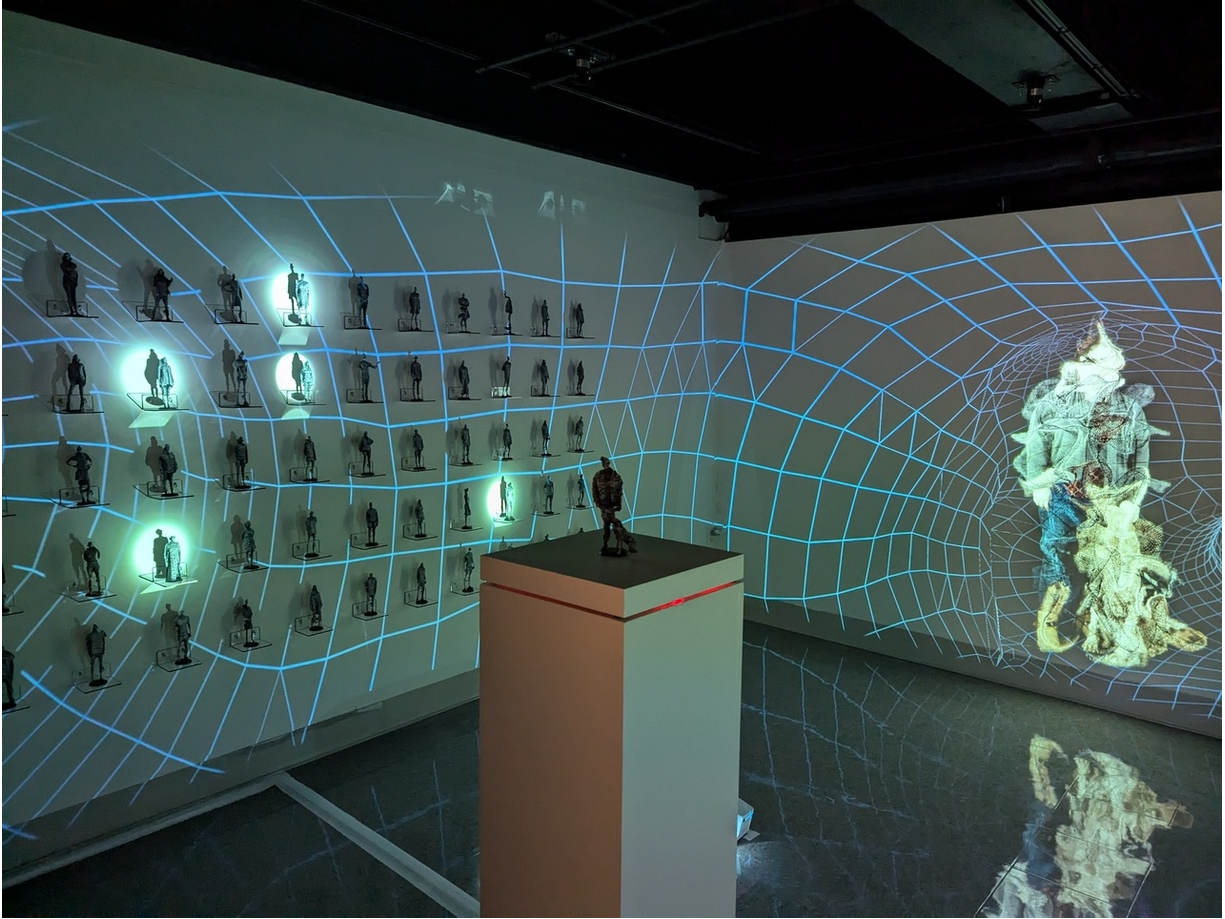
# Photography & Video

## Thesis Preview Exhibition



Featuring work by  
Kiri Chhun  
Rylee Hohney  
Shay Thomas  
Ashley Vazquez

Pennsylvania College of Art & Design  
Photography & Video Hallway Gallery  
Mezzanine Level  
October 25 - November 15, 2024

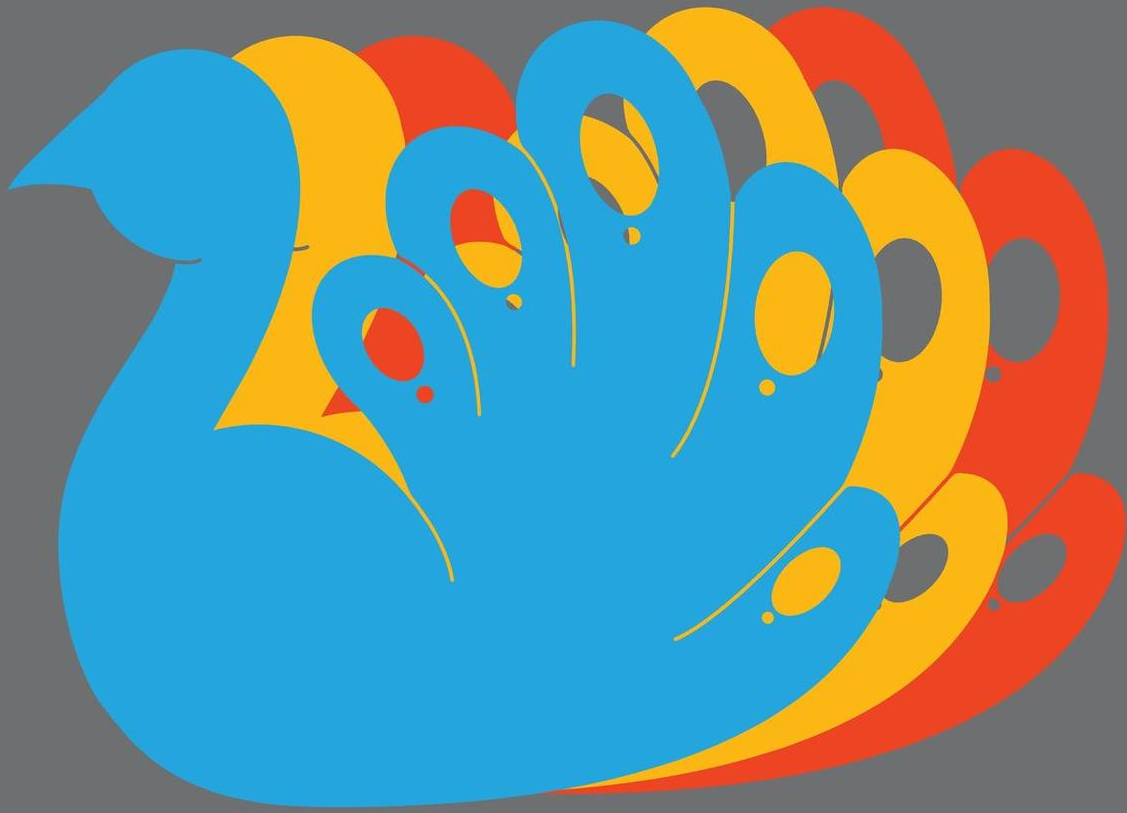


*In the PCA&D Gallery, the work of artists Andrea N. Baldwin, Heidi Henderson, and Sangyoon Lee.*

## Now in the Gallery: *Monologues of Being Seen*

PCA&D is excited about the return of artists **Andrea N. Baldwin**, **Sangyoon Lee**, and **Heidi Henderson** with the *Monologues of Being Seen* exhibition. The group visited PCA&D during the spring semester, hosting an artist talk about the project and accompanying workshops involving movement and 3-D scanning. Students, staff, and faculty who participated in the scanning will be represented in the show in miniature, along with hundreds of other participants from the past decade.

This multimedia, interactive exhibition prompts viewers to think about perception individually and collectively. Through Dec. 13, in the College's Main Gallery.



# ECHOES

Pennsylvania College  
of Art & Design



CITY OF  
LANCASTER

PCA&D Alumni Group Exhibition  
November 1 - 17, 2024  
Second Floor Gallery  
Open Tuesday - Saturday 9 am - 3 pm

## *Echoes* alumni exhibition at Vistors' Center

*Echoes* debuted Friday in the 2nd-floor gallery of Lancaster City's welcome center, 38 Penn Square. It was curated by **Aubrey Maurer '22**, Fine Art, and branding graphics

were designed by **Daisy Brooks '22**, Animation & Game Art. **Through this coming Sunday, Nov. 17.**

*From the curators of "Echoes":*

We are excited to present *Echoes*, an exhibition that celebrates the creativity and innovation of Pennsylvania College of Art & Design alumni. This event highlights the remarkable talent nurtured by our institution and underscores its profound influence on contemporary art practices.

The theme of "echoes" resonates throughout the exhibition, capturing the reverberations of artistic influence, shared experiences, and evolving perspectives. Each artwork invites viewers to contemplate the interconnectedness of artistic expression, creating a dialogue that spans generations.

*Echoes* showcases works that embody the technical skills, artistry, and artistic philosophies of PCA&D alumni, emphasizing craftsmanship as a foundation for creative exploration. The alumni delve into the artistic growth that occurs beyond academia. They experiment with a variety of mediums and unconventional techniques, pushing the boundaries of traditional art forms and revealing their maturation as creators.

The Impact section examines the significant contributions of our alumni to the broader artistic landscape. Each piece serves as a catalyst for dialogue, addressing pressing contemporary issues through provocative social commentary and innovative approaches to environmentalism.

We invited you to engage with the interactive installations, participate in artist talks and workshops, and explore the virtual exhibition, which extends the reach of this event to audiences worldwide.

In summary, *Echoes* honors the diverse voices and perspectives that shape the evolving landscape of contemporary art. Featuring a wide array of mediums, we invite you to embark on a journey of discovery, experiencing the echoes of the past, present, and future within each remarkable artwork. Join us in celebrating the rich tapestry of talent that defines Pennsylvania College of Art & Design.

*Echoes* artists include:

**Steven Colicchio '22**, Illustration; **Alyssa Cross '12**, Fine Art; **CJ Crossett '14**, Photography; **Michael Finch '10**, Illustration; **Jessie Gray '12**, Fine Art; **Hannah High '20**, Illustration; **Katherine Horst '09**, Fine Art; **Sarah Kelly '20**, Illustration; **Olivia Kenny '23**, Illustration; **Olivia Koziel '23**, Photography & Video; **Nichole Madonna '10**, Fine Art; **Michelle Hair Masi '97**, Graphic Design; **Aubrey Maurer '22**, Fine Art; **Callie Morton '22**, Fine Art; **Kyle Newkirk '15**, Graphic Design; **Joe Palumbo '08**, Illustration; **Justin Phillips '01**, Fine Art; **Elaina Posey '09**, Fine Art; **Mandy Powell '23**, Illustration; **Karolina Quigley '15**, Fine Art; **Emily Reifsnnyder '22**, Photography & Video; **Taylor Richardson '23**, Animation & Game Art; **Rachel Stork '21**, Fine Art; **Jerome Timinski '22**, Illustration; **Kennedy Toomey '22**, Photography & Video; **Jaymi Vilardo '22**, Fine Art; **Kelby Weaver '24**, Illustration; **Megan Elaine Wirick '16**, Fine Art.

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## Stressed out? Here are some resources to help

This time of the year can be challenging for many reasons, whether it's managing the pressures of academics, finances, relationships, or seasonal shifts. This is just a reminder about some of the support resources that Student Affairs has available to you.



- UWill: Free virtual therapy that can be regularly scheduled or available immediately in a time of crisis. Telehealth appointments and online wellness programming is also available, including yoga, meditation, mindfulness, and nutrition. [Register with Uwill here](#) so you have it ready to go when you need it.
- Connect Counseling Referrals: Not interested in virtual therapy? **Maggie Harbord**, a counselor at Connect Counseling, is available in person to make recommendations to local counseling services that offer in-person appointments. Maggie will be available in the Quiet Room Tuesdays, Thursdays, and Fridays with rotating hours. Check the [Student Life instagram](#) and the Quiet Room door for weekly postings on availability!
- Lyceum: A peer support group led by licensed counselors that meets every Tuesday from 7-8 pm in the 4th-floor conference room near the elevators. There are signs that guide you and dinner is provided!
- Quiet Room: Located in the CoLab, down the hall by the bathrooms, is a small room/office that is available for student use when in need of a private, short-term space to rest. This can be used to help when you're in sensory overload, needing a moment alone to decompress generally, or taking a virtual appointment that requires privacy. Student Affairs does their best to unlock this door each morning, but if the door is closed and is marked as "available" then you can go to security and ask them to unlock the space.
- Student Success Advisor: Student Affairs team member **Dana Jain** is here to help remove boundaries for students when they encounter challenges to their success, in and out of the classroom. She can help with things like time management, tutoring referrals, and resource recommendations. You can stop by her office in the Learning Commons to schedule an appointment, or email her at [djain@pcad.edu](mailto:djain@pcad.edu).

You are not alone! Check out the [Student Portal](#) or stop by the Student Affairs office in the CoLab if you are ever in need of help and aren't sure where to start.



## *Creativity Is...* exhibition update & celebration Sunday

The *Creativity Is...* exhibition is on display at the Lancaster Marriott and Lancaster County

Convention Center through Thursday. There will be a celebration reception where participating community members can pick up their work at PCA&D this coming Sunday, Nov. 17, from 1-3 pm. Please [RSVP here to attend](#) if you participated, and help spread the word!

## Looking for a student club? Check list here

Want to get involved with student clubs? **Check out [this year's roster of clubs](#)** and get in touch with club members! Several are still deciding on their meeting dates, times, and locations based on their club's needs.

## Study Tables: Drop in Monday through Friday

**This semester, drop-in sessions for Study Tables will be held every lunch hour Monday through Friday, from 11:30 am to 12:30 pm in the Learning Commons.**

What will you find there? Help transitioning to PCA&D's art and design school life and classes; assistance with overall academic challenges; feedback and help on your writing assignments; research assistance, and more. To request these services, come to Study Tables and/or fill out the [Academic Support Form](#) . Additional tutoring beyond Study Tables takes place by request, so do not hesitate to reach out through the form.

Stop by any Study Tables session and get pointed in the right direction. Even when you're on top of your game, Study Tables offer a great way to get some real-time feedback and guidance on your assignments and projects to make them even better.



# How to access 24-7 counseling, support

Feeling a little extra-stressed, or interested in finding a way to bring some professional counseling into your life? PCA&D provides students FREE access to 24-7 counseling through Uwill for a wide variety of topics, from short- and long-term support, to crisis counseling, telehealth for common acute symptoms, and on-demand wellness programming like meditation, mindfulness, nutrition, and yoga. Your student services team sent an email to your PCAC&D Inbox last Tuesday with details on how to access all of this support. And, again, it's free, and you have access to it year round, even during school vacations.

To schedule teletherapy appointments:

- [Create a profile](#) with Uwill
- Choose a therapist based on your preferences including *availability, issue, gender, language, ethnicity*.
- Choose a time that fits your schedule with *day, night and weekend availability*.

If you need any assistance, you can refer to [Uwill FAQ](#), Student [User Guide](#), or reach out directly to **Uwill** at [support@uwill.com](mailto:support@uwill.com). **More questions? Contact Student Services**, at [studentlife@pcad.edu](mailto:studentlife@pcad.edu).

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## Your web resource: The Student Portal

The College's Student Portal webpage provides links to some of the most-needed information. **You can find [this link to the Student Portal](#) at the very bottom right corner of the homepage at [PCAD.edu](http://PCAD.edu).**

There, you'll find official College dates, such as holidays; class times; research links; links to academic support and counseling help; and much more.



**Pennsylvania College of Art & Design**

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