



Pennsylvania College
of Art & Design



Work by Quinn Knepper '25, Fine Art.

Upcoming Events

Dec. 5 Dance-Off-the-Stress party, 5-7 pm, basement of Richards Hall, Foundation Village (*see below*)

Dec. 6 Last Day of Fall Semester

Dec. 6 Lancaster First Friday.

Dec. 6 *As It Is* senior Fine Art exhibition, opens at The Demuth Museum, 5-8 pm (*see below*)

Through Dec. 13 *Monologues of Being Seen* in Main Gallery (*see below*)

If you have news, an event, or an announcement you'd like to share, please email Jen Kopf, at jkopf@pcad.edu.



DANCE THE STRESS OFF

Let's celebrate the end of
the fall semester together!

snacks



drinks



ur good vibes

Open to All!

Dec. 5, 5-7 PM

Richards Hall at Foundation Village

Dance Off the Stress on December 5!

Sometimes the best way to let off some steam and stress is to dance! Join the Student Life team for a Dance Off the Stress Party this Thursday, Dec. 5, 5-7 pm in Richards Hall, Foundation Village. Celebrate the end of the semester!!

Important class registration, graduation info

Advising and Registration: If you did not attend an advising session prior to Spring class registration, please sign up for an advising appointment, even if you have a hold on your account. You have the option to meet with the Registrar's Office virtually or in person by [signing up here](#).

Student Responsibility Agreement Form: This form must be submitted before registering for each semester. If you do not submit this form, you are at risk of remaining on registration hold or even having your courses dropped from your schedule until it is signed. [Find the form to fill out here](#).

Graduating Students: Seniors should have applied for graduation during the advising sessions, but some are missing this step. Whether you're graduating at the bachelor's or associate degree level, please apply for graduation as soon as possible -- regardless of whether you want to walk in the ceremony, so that the College can order diplomas and other senior-year materials. [Apply here for graduation](#).



ART EXHIBITION

116 E KING ST, LANCASTER, PA

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AS IT IS

DECEMBER 6TH, 5-8 PM

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4



SYDNEY BEARD
ELIZABETH GREGORY
QUINN KNEPPER

CHARLIE BOYCE
MICKEY HESS
LEXY SILLS-SCHUELER

KRISTA GANOLES
ADANYA JOHNSON
KATHERINE HESS

Senior Fine Art's *As It Is* opens December 6-8

As It Is, a group exhibition featuring the Class of 2025 Fine Art majors, opens this Friday, Dec. 6, 5-8 pm, at The Demuth Museum, 116 E. King St. The show will also be open to the public Saturday, Dec. 7, from 10 am to 4 pm, and Sunday, Dec. 8, from noon to 4 pm. Work featured has been created during the first semester of their senior year and consists of beginning explorations of their senior studio and thesis work, which they'll continue to develop next semester in advance of the Senior Show in May.

Here are PCA&D's calming resources to help

This time of the year can be challenging for many reasons, whether it's managing the pressures of academics, finances, relationships, or seasonal shifts. This is just a reminder about some of the support resources that Student Affairs has available to you.

- UWill: Free virtual therapy that can be regularly scheduled or available immediately in a time of crisis. Telehealth appointments and online wellness

- programming, including yoga, meditation, mindfulness, and nutrition, are available. [Register with Uwill here](#) so you have it ready to go when you need it.
- [Connect Counseling Referrals](#): Not interested in virtual therapy? **Maggie Harbord**, a counselor at Connect Counseling, is available in person to make recommendations to local counseling services that offer in-person appointments. Maggie will be available in the Quiet Room on Tuesdays, Thursdays, and Fridays with rotating hours. Check the [Student Life Instagram](#) and the Quiet Room door for weekly postings on availability!
 - [Lyceum](#): A peer support group led by licensed counselors that meets every Tuesday from 7-8 pm in the 4th-floor conference room near the elevators. There are signs that guide you and dinner is provided!
 - [Quiet Room](#): Located in the CoLab, down the hall by the bathrooms, is a small room/office that is available for student use when in need of a private, short-term space to rest. This can be used to help when you're in sensory overload, needing a moment alone to decompress generally, or taking a virtual appointment that requires privacy. Student Affairs does their best to unlock this door each morning, but if the door is closed and marked as "available," you can go to security and ask them to unlock the space.
 - [Student Success Advisor](#): Student Affairs team member **Dana Jain** is here to help remove boundaries for students when they encounter challenges to their success, in and out of the classroom. She can help with things like time management, tutoring referrals, and resource recommendations. You can stop by her office in the Learning Commons to schedule an appointment or email her at djain@pcad.edu.
 - Pop-up listening sessions will be scheduled in the PCA&D Housing Communities (see your Community Assistant for date/time details) and with Bridge Mentor **Sam Schindler**. Bridge Mentor drop-in hours are Wednesdays and Fridays, 10 am to noon in Room 305, and in the Learning Commons Tuesdays and Thursdays, 11:45 am to 2 pm.

You are not alone! Check out the [Student Portal](#) or stop by the Student Affairs office in the CoLab if you are ever in need of help and aren't sure where to start.

Weekly Academic and Studio support schedule

Looking for a little extra Academic or Studio support to get through the sprint to the end of the semester? Here's the weekly schedule -- all take place over the Monday-to-Friday lunch hour from 11:30 am to 12:30 pm in the second-floor Learning Commons, and there are some remote extras by appointment!

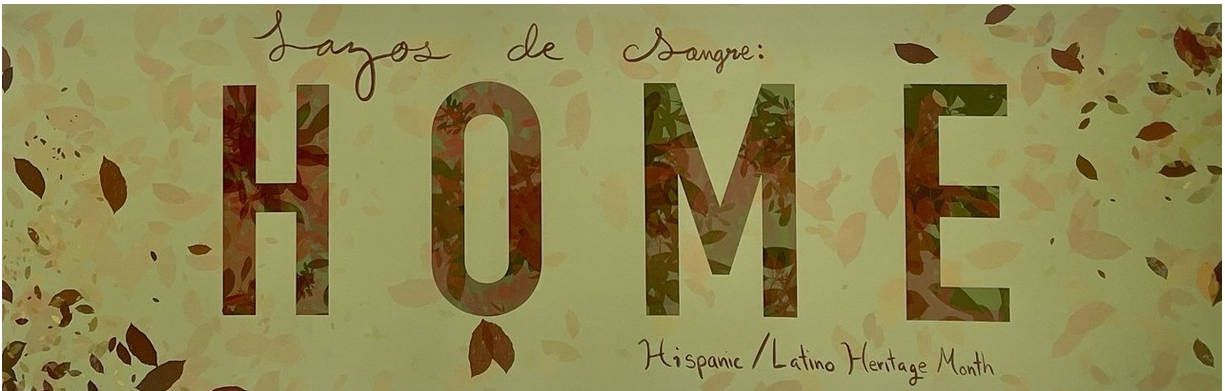
Additional support sessions can be scheduled through the [academic support form](#)

- **Monday:** Joanna Becker (FD & ILL) & Writing Center Tutor
- **Tuesday:** McKenna DiComo (AGA), Writing Center Tutor, & Assistant Coordinator of Writing Programs Laura Gaughan
- **Wednesday:** Jason Ward (Traditional Materials, FA, & ILL), & Writing Center Tutor
- **Thursday:** McKenna DiComo (AGA), Writing Center Tutor, & Assistant Coordinator of Writing Programs Laura Gaughan
- **Friday:** Joanna Becker (FD & ILL) & Writing Center Tutor

ONLINE:

Frankie Reed (GD Remote, by appointment)

Daniel Cardona (AGA Remote and in person by appointment)

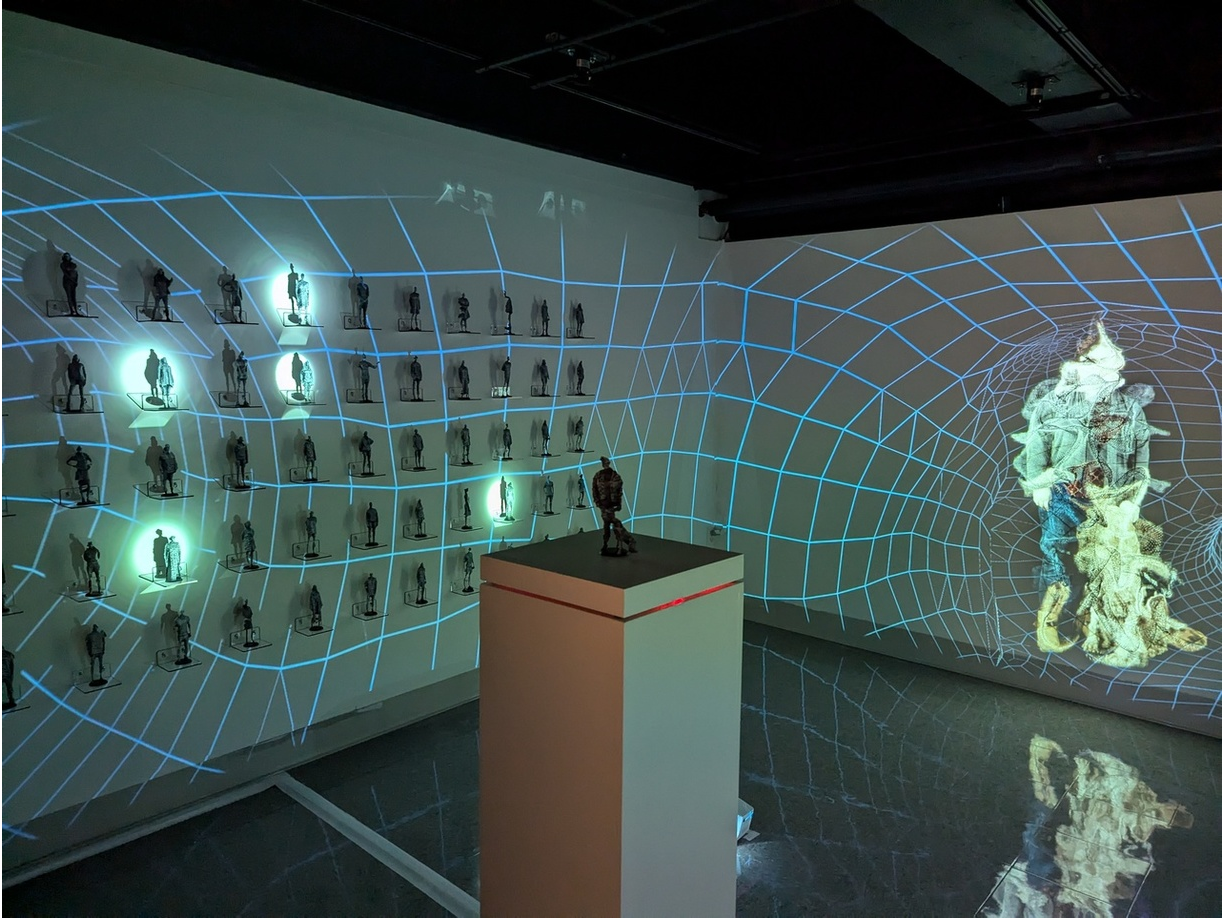


Lazos de Sangre: Home now in CORE Gallery

The Mezzanine-level student-led CORE Gallery now features *Lazos de Sangre: Home*, a celebration of Hispanic/Latino Heritage Month organized by Mi Gente at PCA&D. In a statement by **Yadiel De Jesus**, Mi Gente Club president, DeJesus ('27, AGA) writes that the show's theme translates "To Bloodlines or Blood ties, which is interpreted in many different ways in this exhibition. Some see it as their family members, alive and/or ancestors long before, others see it as their ties to the environment or homeland, and some took it to mean their culture. Whatever way you interpret *Lazos de Sangre*, here you will find the artworks of people who create their own interpretations on what it means to them, and how this may connect to their idea of Home."

Lazos de Sangre: Home features the work of:

Yadiel De Jesus '27, AGA; **Onix Guadalupe-Rivera** '25, Illustration; **Lianna Martinez** '28, AGA; **Laura Perez** '28, Fine Art; **Valeria Perez-Sanchez** '27, Illustration; **Shay Thomas** '26, Graphic Design; **Anthony Torres-Rutherford** '27, Fine Art; **Isabella Vera** '27, Illustration.



In the PCA&D Gallery, the work of artists Andrea N. Baldwin, Heidi Henderson, and Sangyoon Lee.

Now in the Gallery: *Monologues of Being Seen*

PCA&D is excited about the return of artists **Andrea N. Baldwin**, **Sangyoon Lee**, and **Heidi Henderson** with the *Monologues of Being Seen* exhibition. The group visited PCA&D during the spring semester, hosting an artist talk about the project and accompanying workshops involving movement and 3-D scanning. Students, staff, and faculty who participated in the scanning will be represented in the show in miniature, along with hundreds of other participants from the past decade.

This multimedia, interactive exhibition prompts viewers to think about perception individually and collectively. Through Dec. 13, in the College's Main Gallery. **Note: the top levels of the gallery will be offline/off-view through Dec. 3.**

Next Up: PCA&D 's *Faculty Biennial!*

Looking for a student club? Check list here

Want to get involved with student clubs? Check out [this year's roster of clubs](#) and get in touch with club members!

Study Tables: Drop in Monday through Friday

This semester, drop-in sessions for Study Tables are held every lunch hour Monday through Friday, from 11:30 am to 12:30 pm in the Learning Commons.

What will you find there? Help transitioning to PCA&D's art and design school life and classes; assistance with overall academic challenges; feedback and help on your writing assignments; research assistance, and more. To request these services, come to Study Tables and/or fill out the [Academic Support Form](#) . Additional tutoring beyond Study Tables takes place by request, so do not hesitate to reach out through the form.

Stop by any Study Tables session and get pointed in the right direction. Even when you're on top of your game, Study Tables offer a great way to get some real-time feedback and guidance on your assignments and projects to make them even better.



How to access 24-7 counseling with Uwill

Feeling a little extra-stressed, or interested in finding a way to bring some professional counseling into your life? PCA&D provides students FREE access to 24-7 counseling through Uwill for a wide variety of topics, from short- and long-term support, to crisis counseling, telehealth for common acute symptoms, and on-demand wellness programming like meditation, mindfulness, nutrition, and yoga. **Again, it's free, and you have access to it year-round, even during school vacations.**

To schedule teletherapy appointments:

- [Create a profile](#) with Uwill
- Choose a therapist based on your preferences including *availability, issue, gender, language, and ethnicity*.
- Choose a time that fits your schedule with *day, night, and weekend availability*.

If you need any assistance, you can refer to [Uwill FAQ](#), Student [User Guide](#), or reach out directly to **Uwill** at support@uwill.com. **More questions? Contact Student Services**, at studentlife@pcad.edu.

Your web resource: The Student Portal

The College's Student Portal webpage provides links to some of the most-needed information. **You can find [this link to the Student Portal](#) at the very bottom right corner of the homepage at PCAD.edu.**

There, you'll find official College dates, such as holidays; class times; research links; links to academic support and counseling help; and much more.



Pennsylvania College of Art & Design

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