



Upcoming Events

Dec. 25 through Jan. 1 College closed

Jan. 10 Spring Orientation

Jan. 11-12, 2025 Move-In to PCA&D Housing

Jan. 13, 2025 First Day of Spring semester

If you have news, an event, or an announcement you'd like to share, please email Jen Kopf, at <u>jkopf@pcad.edu</u>.

Counseling with Uwill available over break

Feeling a little extra stressed, or interested in finding a way to bring some professional counseling into your life? PCA&D provides students FREE access to 24-7 counseling through Uwill for a wide variety of topics, from short- and long-term support, to crisis counseling, telehealth for common acute symptoms, and on-demand wellness programming like meditation, mindfulness, nutrition, and yoga. **Again, it's free, and you have access to it year-round, even during school vacations.**

To schedule teletherapy appointments:

- Create a profile with Uwill
- Choose a therapist based on your preferences including availability, issue, gender, language, and ethnicity.
- Choose a time that fits your schedule with day, night, and weekend availability.

If you need any assistance, you can refer to <u>Uwill FAQ</u>, Student <u>User Guide</u>, or reach out directly to <u>Uwill at support@uwill.com</u>. **More questions? Contact Student**Services, at <u>studentlife@pcad.edu</u>.

The Agency opens applications for Spring '25

The Agency is a student-led group which is PCA&D's intensive, hands-on, in-house creative service. The Agency is currently looking for members for the Spring semester. If you're a second-semester sophomore, junior, or senior, this will be a great opportunity for you to build your portfolio and gain real-world experience to stretch what you've already learned while working with real-world clients. **The Agency also will allow you to earn 1.5 credits toward your internship requirements.**

If you're interested in **learning more about The Agency**, click here.

Interested in applying? Click here.

Monologues of Being Seen questionnaire

Did you participate in *Monologues of Being Seen*? Were you scanned, photographed, and part of the show? Please take a moment to answer the questionnaire linked below for the artists!

'MONOLOGUES' QUESTIONNAIRE

Important class registration, graduation info

Advising and Registration: If you did not attend an advising session prior to Spring class registration, please sign up for an advising appointment, even if you have a hold on your account. You have the option to meet with the Registrar's Office virtually or in person by <u>signing up here</u>.

Student Responsibility Agreement Form: This form must be submitted before registering for each semester. If you do not submit this form, you are at risk of remaining on registration hold or even having your courses dropped from your schedule until it is signed. Find the form to fill out here.

Graduating Students: Seniors should have applied for graduation during the advising sessions, but some are missing this step. Whether you're graduating at the bachelor's or associate degree level, please apply for graduation as soon as possible -- regardless of whether you want to walk in the ceremony, so that the College can order diplomas and other senior-year materials. <u>Apply here for graduation</u>.

Looking for a student club? Check list here

Want to get involved with student clubs? **Check out <u>this year's roster of clubs</u>** and get in touch with club members!

Your web resource: The Student Portal

The College's Student Portal webpage provides links to some of the most-needed information. You can find this link to the Student Portal at the very bottom right corner of the homepage at PCAD.edu.

There, you'll find official College dates, such as holidays; class times; research links; links to academic support and counseling help; and much more.









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