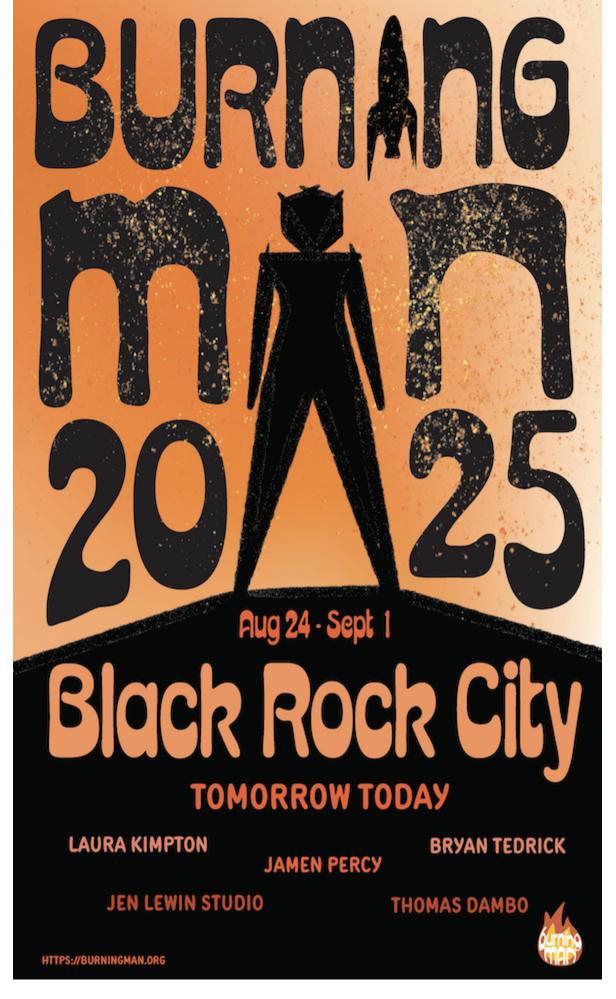
STUDENT NEWSLETTER 08.18.25





Upcoming Events

- Aug. 21 Returning student Move-in Day for PCA&D housing, 9 am to 4 pm
- Aug. 22 Mandatory Welcome Day for returning students, 9 am to 2 pm
- Aug. 17-22 Welcome Week for students
- Aug. 25 First Day of Fall Semester

If you have news, an event, or an announcement you'd like to share, please email Jen Kopf, at <u>jkopf@pcad.edu</u>.

Returning students: Aug. 21-22 are important!

We're welcoming returning students back to campus -- here's what's in store:

- Thursday, Aug. 21: Move-in Day for returning students in PCA&D housing, 9 am to 4 pm. You'll receive specific move-in time slots once assignments are finalized, so keep a lookout for emails from Student Life. Then, if you need to adjust your move-in timeframe, reach out to housingservice@pcad.edu. Optional activities that day: 12:30-1:30 pm, pick up your meal plan ID in advance, at Foundation Village. 5-6 pm, Rita's at Foundation Village after a hot day of move-in!
- Friday, Aug. 22: Welcome Day, 9 am to 2 pm. MANDATORY for returning students. Meet incoming students, attend breakout workshops, training, and department meetings and then ... the All-Campus BBQ kickoff!

Email studentlife@pcad.edu with any questions or concerns.

Summer internship? Check in here!

If you completed an internship over the summer, please be sure to check in with Career Services when you return to campus. They'll need you to complete a few important closing documents so that they can officially record your internship experience. These forms will ensure your work is reflected on your transcript and in your PCA&D records. If you are unsure about what needs to be submitted, reach out and Career Services will walk you through it. You can reach them at careerservices@pcad.edu.

Student health insurance info for 2025-26

The College is partnered with <u>QM Services (QMS)</u> for a lower-cost student health insurance plan (SHIP). The coverage includes a prescription plan, support for laboratory tests and X-rays, and in-patient and hospitalization coverage. Keep an eye on your student email for QMS information.

Students and families with qualifying health insurance will be able to opt out of this coverage. The opt-out process initially includes a charge to your College bill that will be removed once you have completed the waiver process. QMS will handle all records through their confidential portal. If your coverage is initially declined through QMS, please reach out to Student Life at studentlife@pcad.edu so they may work with QMS partners to advocate for your health plan.

To opt out, log onto the <u>QMS website</u> to submit proof of insurance. If you're having issues with the website portal, connect with PCA&D's independent student health insurance administrators at <u>university@qmservicesinc.com</u>. The College's Student Life team has information on health and wellness resources available to you during the academic year. If you have any other questions, please reach out to <u>studentlife@pcad.edu</u>.

Call for Art: Environmental trail project

The Little Conestoga Creek Foundation seeks submissions from artists, makers, artisans, and designers to create art in a variety of formats for an outdoor trailside environment. The artworks will be permanently installed along a 3.5-mile Blue Green Connector, an ADA-accessible trail system and environmental restoration project in Lancaster County. The project is expected to be completed in stages between 2025 and 2028. Potential artwork formats include artistic seating, interactive art for play, 2D or 3D art to highlight biodiversity, and stamped concrete. The size of site areas will vary. The person leading submission, in solo or collaborative projects, should live within a 100-mile radius of Lancaster County. **Deadline is Oct. 15.** Submissions should include resume/CV, a letter of interest, and a .pdf of work samples. For more information on themes, requirements, budgets, award criteria, and more, click here.

Need a parking garage pass? Go here

Need to register for student parking in the garage next to campus, on Water Street? To access the parking registration form, <u>use this link</u> and scroll to "Cost for Optional Student Parking Plan", then click on "Use This Form."

A note to rising seniors from the Registrar

Dear Class of 2026 members: Please complete the form linked below for Registrar **Hannah Warner** so the College can begin preparations for degree audits and the 2026 Commencement:

FORM FOR RISING SENIORS

Registrar's message for returning students

A message from Registrar Hannah Warner for returning students:

The Self Service course registration portal is now closed. While you can't adjust your schedule online, you should still be able to see <u>live information about which classes are running in the fall and if seats are still available in each one ("register" tab, click "traditional courses", and then "section search").</u> From now until the end of the add/drop period next semester, schedule adjustments will be completed through the Registrar's Office. In the event you would like to change your schedule, you may <u>request a schedule change here</u>. By submitting requests through this link, the Registrar's Office can easily track everyone's requests and make notes for each entry we receive. If you need to, you may submit more than one. All changes are made on a first-come first-served basis. We will do our best to accommodate everyone's requests, based on your degree plans and course availability.

Additionally, there are several classes that have seats available that meet various degree requirements (humanities, general studio electives). There are also sections of the fall foundation level courses (art history, communications, and studio) if there is a course you need to retake next year. If you can't remember or are unsure if you need to retake a fall semester foundation course, you can review your grades in Self Service ("grades" tab, click "unofficial transcript") to see if there are any "F" grades.

Uwill counseling available

Feeling a little extra stressed, or interested in finding a way to bring some professional counseling into your life? PCA&D provides students FREE access to 24-7 counseling through Uwill for a wide variety of topics, from short- and long-term support, to crisis counseling, telehealth for common acute symptoms, and on-demand wellness programming like meditation, mindfulness, nutrition, and yoga.

To schedule teletherapy appointments:

- Create a profile with Uwill
- Choose a therapist based on your preferences including availability, issue, gender, language, and ethnicity.
- Choose a time that fits your schedule with day, night, and weekend availability.

If you need any assistance, you can refer to <u>Uwill FAQ</u>, Student <u>User Guide</u>, or reach out directly to Uwill at <u>support@uwill.com</u>. **More questions? Contact Student Services**, at studentlife@pcad.edu.

How to request a transcript

If you are applying for scholarships, internships, or a job that needs to verify your education, you can <u>Click Here to Request Official Transcripts</u>. If you need an unofficial copy, you can download one from the "grades" tab in Self Service.

Your web resource: The Student Portal

The College's Student Portal webpage provides links to some of the most-needed information. You can find this link to the Student Portal at the very bottom right corner of the homepage at PCAD.edu.

There, you'll find official College dates, such as holidays; class times; research links; links to academic support and counseling help; and much more.









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